

Wellness Goals & Achievements

Specific Goals for the 2015-2016 school year:

- Host an educational talk/training: 1 for staff and 1 for parents
- Participate in Every Kid Healthy Week (April 2016)
- Have more staff involved with the committee
- Get meeting dates and times on the school calendar
- Healthier aftercare snacks, lemonade and juice not served
- No candy on lunch trays

Achievements for the 2015-2016 school year:

- No candy was served on lunch trays
- Approved snack list included with beginning of school year information for parents and wellness policy advertised at a table
- School nurses reviewed the wellness policy with all teachers at an inservice before school started.
- Birthday treats were turned away at the door before being served to parents.

Specific Goals for the 2016-2017 school year:

- Relay wellness messages throughout the year at school events that parents attend and in the building during the school day
- Display wellness messages on a bulletin board in the building and on the TV slide show played in the building
- Participate in Every Kid Healthy Week (April 24-28)
- Have more staff, students and parents involved in the committee
- Get meeting dates and times on the school calendar
- Add school breakfast service

Achievements for the 2016-2017 school year:

- Breakfast now being served every morning
- Wellness messages delivered at Trunk-or-Treat, on slide show in the building,
- Meeting dates and times on the calendar and advertised in school emails to parents
- All teachers were trained on the wellness policy before school started. They also received epi-pen training and reviewed how to read asthma and food allergy action plans.
- Approved snack list included with beginning of school year information for parents and wellness policy advertised at a table.