

Wellness Policy Evaluation Checklist
Indiana Department of Education

Sponsor Name: St. Monica Catholic School

County & Corp Number: 0445

Statement of Requirement	Meets Requirements	In Development	Needs Improvement
1. Wellness Committee: Has formed a Committee to develop a school wellness policy that includes parents, students, food service personnel, PE teachers, school health professionals, school board members, school administrators and the general public		✓ Need PE teachers, food service, students, + more parents	
2. USDA Requirements for School Meals: Has assured School Meals meet the USDA requirements	✓		
3. Nutritional Guidelines for all foods and beverages sold: Has set Nutritional Guidelines for foods and beverages sold on the school campus during the school day	✓		
4. NEW! Nutritional Guidelines for non-sold foods and beverages: Has set Nutritional Guidelines for foods and beverages not sold but made available on the school campus during the school day	✓		
5. NEW! Food & Beverage Marketing: Permits marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)	✓		
6. Nutrition Education: Has at least 2 goals for Nutrition Education (For example: Team Nutrition materials)	✓		
7. Nutrition Promotion: Has at least 2 goals for Nutrition Promotion (For example: Smarter Lunchroom techniques)	✓		
8. Physical Activity: Has at least 2 goals for Physical Activity	✓		
9. Other Activities: Has at least 2 goals for Other School-Based Activities that promote student wellness	✓		
10. Evaluation: (NEW!) Every three years has evaluated the local wellness policy with an Evaluation Tool and has notified the public of the results Name of Evaluation Tool Used: <u>This form</u>	✓		
11. Person Responsible: Has identified at least one person as responsible for Monitoring the local wellness policy Name/Title of Person: <u>Laura Valle, RD BSN School Nurse</u>	✓		
12. Communication: Has annually informed and updated parents, students, staff, and the community about the content and implementation of the local wellness policy	✓		

USDA requires a minimum of 2 goals for nutrition education, promotion, physical activity, and other activities, but it is up to each LEA to determine the content of the goals.

Evaluated on: 10/10/16